Verbeterde clubrecords outdoor seizoen 2017 - 2018



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VERCRUYSSE EVI	HAMER	50.75m was 48.19m (2017)	SINT NIKLAAS	3/03/2018
EMMERZAAL JILL	DISCUS	47.95m was 46.11m (2017)	ALBUFEIRA (POR)	5/04/2018
CRAEMERS LOUISE	200m H (0.762m)	29.78	HASSELT	15/04/2018
DEFRERE ELENA	KOGEL	15.44m was 14.88m (2017)	MERKSEM	22/04/2018
CRAEMERS LOUISE	200m H (0.762m)	29.47	HASSELT	22/04/2018
DEFRERE ELENA	KOGEL	16.02m was 15.44m (2018)	KESSEL-LO	28/04/2018
VRANKEN ANDREAS	100m	10.37 was 10.63 (1985)	DEINZE	19/05/2018
NYS EDWIN	DISCUS	55.62m was 55.22m (2014)	DEINZE	4/05/2018
VERCRUYSSE EVI	HAMER	51.15m was 50.75m (2018)	EEKLO	25/05/2018
SISK PIETER	800m	1:47.98 was 1:48.16 (1973)	OORDEGEM	26/05/2018
VEKEMANS ELIEN	POLSSTOK	4.20m BR was 3.60m (2017)	LOKEREN	24/06/2018
DEFRERE ELENA	KOGEL	16.07m was 16.02m (2018)	TONGEREN	24/06/2018
DEFRERE ELENA	DISCUS	45.82m was 42.81m (2017)	TONGEREN	24/06/2018
DEFRERE ELENA	DISCUS	46.40m was 45.82m (2018)	GÿOR (HUN)	8/07/2018
EMMERZAAL JILL	DISCUS	48.44m was 47.95m (2018)	BRUSSEL	8/07/2018
VERCRUYSSE EVI	HAMER 4KG	45.94m was 44.85m (2006)	VUGHT (NED)	12/07/2018
VRANKEN ANDREAS	200m	21.20 was 21.29 (1990)	HEUSDEN-ZOLDER	21/07/2018
GRIMARD GUILLAUME	5000m	14:33.03 was 14:39.42 (2017)	HEUSDEN-ZOLDER	21/07/2018
VRANKEN ANDREAS	100m	10.35 was 10.37 (2018)	KESSEL-LO	4/08/2018
EMMERZAAL JILL	DISCUS	49.75m was 48.44m (2018)	KESSEL-LO	4/08/2018
GRIMARD GUILLAUME	3000m	8:20.52 was 8:22.20 (2002)	KESSEL-LO	4/08/2018
DEFRERE ELENA	DISCUS	46.43m was 46.40m (2018)	MOL	11/08/2018
	EMMERZAAL JILL CRAEMERS LOUISE DEFRERE ELENA CRAEMERS LOUISE DEFRERE ELENA VRANKEN ANDREAS NYS EDWIN VERCRUYSSE EVI SISK PIETER VEKEMANS ELIEN DEFRERE ELENA DEFRERE ELENA DEFRERE ELENA DEFRERE ELENA EMMERZAAL JILL VERCRUYSSE EVI VRANKEN ANDREAS GRIMARD GUILLAUME VRANKEN ANDREAS EMMERZAAL JILL GRIMARD GUILLAUME	DEFRERE ELENA KOGEL CRAEMERS LOUISE DEFRERE ELENA KOGEL VRANKEN ANDREAS NYS EDWIN VERCRUYSSE EVI HAMER SISK PIETER SISK PIETER DEFRERE ELENA KOGEL VERCRUYSSE EVI HAMER DEFRERE ELENA KOGEL DEFRERE ELENA DISCUS DEFRERE ELENA DISCUS EMMERZAAL JILL DISCUS VERCRUYSSE EVI HAMER 4KG VRANKEN ANDREAS GRIMARD GUILLAUME VRANKEN ANDREAS EMMERZAAL JILL DISCUS EMMERZAAL JILL DISCUS ORDONA DEFRERE ELENA DISCUS DEFRERE ELENA DISCUS DEFRERE ELENA DISCUS DISCUS DEFRERE ELENA DISCUS DISCUS	VERCRUYSSE EVI HAMER 48.19m (2017) EMMERZAAL JILL DISCUS 47.95m was 46.11m (2017) CRAEMERS LOUISE 200m H (0.762m) 29.78 DEFRERE ELENA KOGEL 15.44m was 14.88m (2017) CRAEMERS LOUISE 200m H (0.762m) 29.47 DEFRERE ELENA KOGEL 16.02m was 15.44m (2018) VRANKEN ANDREAS 10.63 (1985) NYS EDWIN DISCUS 55.62m was 55.22m (2014) VERCRUYSSE EVI HAMER 51.15m was 50.75m (2018) SISK PIETER 800m 1:47.98 was 1:48.16 (1973) VEKEMANS ELIEN POLSSTOK 4.20m BR was 3.60m (2017) DEFRERE ELENA KOGEL 16.07m was 16.02m (2018) DEFRERE ELENA DISCUS 45.82m was 42.81m (2017) VERCRUYSSE EVI HAMER 4KG 46.40m was 45.82m (2018) VERCRUYSSE EVI HAMER 4KG 45.94m was 44.85m (2006) VRANKEN ANDREAS 200m 21.20 was 21.29 (1990) GRIMARD GUILLAUME 5000m 14:33.03 was 14:39.42 (2017) VRANKEN ANDREAS 10.35 was 10.37 (2018) EMMERZAAL JILL DISCUS 49.75m was 48.44m (2018) GRIMARD GUILLAUME 3000m 8:20.52 was 8:22.20 (2002)	VERCRUYSSE EVI HAMER 48.19m (2017) SINT NIKLAAS EMMERZAAL JILL DISCUS 47.95m was 46.11m (2017) ALBUFEIRA (POR) CRAEMERS LOUISE 200m H (0.762m) 29.78 HASSELT DEFRERE ELENA KOGEL 15.44m was 14.88m (2017) MERKSEM CRAEMERS LOUISE 200m H (0.762m) 29.47 HASSELT DEFRERE ELENA KOGEL 16.02m was 14.88m (2018) KESSEL-LO VRANKEN ANDREAS 100m 10.37 was 10.63 (1985) DEINZE NYS EDWIN DISCUS 55.62m was 55.22m (2014) DEINZE VERCRUYSSE EVI HAMER 51.15m was 50.75m (2018) EEKLO VEKEMANS ELIEN POLSSTOK 4.20m BR was 3.60m (2017) LOKEREN VEKEMANS ELIEN POLSSTOK 4.20m BR was 3.60m (2017) LOKEREN DEFRERE ELENA DISCUS 45.82m was 42.81m (2017) TONGEREN DEFRERE ELENA DISCUS 45.82m was 42.81m (2017) TONGEREN DEFRERE ELENA DISCUS 45.94m was 47.95m (2018) BRUSSEL VERCRUYSSE EVI HAMER 4KG 45.94m was 47.95m (2018) HEUSDEN-ZOLDER VRANKEN ANDREAS 200m 21.29 (1